

Using This Booklet in a Small Group

The same twelve sessions work well for groups of 4 to 12. Everyone uses the same booklet and takes the same weekly action step.

- **Plan for 75 minutes.** Add time to Connect so everyone can share.
- **Use pairs and triads** for the Practice and for prayer, so everyone participates.
- **Check the “For groups” note in each session. A few lessons (Forgiveness, Unmet Needs and Finding Freedom, Living Generously) need extra care with privacy.**
- **Share leadership.** Follow the Growing into a Leader pattern by rotating who opens in prayer, leads Connect, and leads Read.
- **Pair people up between meetings** for a weekly check-in on the action step.
- **Keep confidentiality.** What’s shared in the group stays in the group, unless someone is at risk of harm.
- **Plan to multiply.** By Session 12, ask who will start a one-on-one or co-lead a new group.

Sources & Acknowledgment

The original pathway

This booklet adapts and substantially rewrites material from *Discipleship Pathway* (2024) by Rev. Megan Koch and Rev. Phil Wiseman of Table Church in Des Moines, Iowa, used with the authors' blessing. The original identifies its license as Creative Commons Attribution 4.0 International (CC BY 4.0).

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The Colonial adaptation

Prepared for Colonial Presbyterian Church by Pastor Jeff Sparks for the Be the L.I.G.H.T. Discipleship Pathway. This adaptation keeps the original ten lesson themes; adds a Launch session with a gospel foundation and a Commissioning session with a multiplication plan; restructures each lesson around a weekly meeting, one action step, and a five-day reading plan; and draws on Colonial's *Be the LIGHT Abide Guide* (P.R.A.Y., R³, BLESS, and the Abide Plan), earlier micro-course drafts, and Kent Mathews' evangelism training at Colonial (listening, validating, clarifying, and "know, tell, do, and be the story").

Also informed by

Zúme Training (the Model, Assist, Watch, Leave pattern and the emphasis on obeying and sharing between sessions); *Rooted* by Mariners Church (short daily readings and shared experiences); and *Practicing the Way* by John Mark Comer (one practice at a time, and a rule of life).

Quotations

John Mark Comer, *Live No Lies* (2021). Dallas Willard, on "pitching its message too low." Henri Nouwen, on downward mobility. Robert Louis Stevenson (attributed), on seeds and harvest. The *Didache* (early Christian teaching, 1st–2nd century), on weekly fasting.

Scripture

Scripture quotations are from the Berean Standard Bible (BSB), which is in the public domain. Read the full passages in any trustworthy translation or audio Bible.

Using and sharing this resource

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